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Free Spirit Coloring Book (Coloring Is Fun)



Synopsis

Enter a world of creative self-expression with this relaxing coloring book for grownups. Inside you'll find 30 amazing art activities that will take you on a limitless journey of patterning, shading, and coloring. These whimsical images offer an easy way to de-stress and unleash your inner artist. Thaneeya McArdle's transcendental art explores a visual language of shape, form, line, and color. Each vibrantly detailed illustration is designed to exercise your creativity. Beautifully colored finished examples are provided, along with a handy guide to basic art techniques, from patterning and combinations to shading and color theory. This therapeutic coloring book is perfect for decorating with markers, colored pencils, gel pens, or watercolors. Printed on high-quality, extra-thick paper that won't bleed through, all of the pages are pre-perforated for easy removal and display."

Book Information

Series: Coloring Is Fun (Book 13)

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[Drawing > Figure Drawing](#)

Customer Reviews

Follow Your Heart and Color Your Dreams Welcome to the Free Spirit Coloring Book! I'd like to invite you to come inside and play with doodles, shapes, and patterns. Coloring and patterning are relaxing, meditative activities that encourage self-expression, sending you on a creative adventure. I hope that you'll use each of these pages as a launching pad to spark your creativity and unleash your inner artist. Inside you'll find 30 whimsical art activities that step to the beat of a different drummer. From magic lamps and unicorns to dance shields and teepees, these delightful

daydreams will tempt you to go your own way with carefree color. I've provided plenty of coloring suggestions, but there is no right way or wrong way to complete these adventurous visions. Each illustration is perfect for decorating with markers, colored pencils, gel pens, watercolors, or crayons. Free Spirit Coloring Book is printed on high-quality, extra-thick paper to eliminate bleed-through, and each page is pre-perforated for easy removal and display. Happy art making!

Thaneeya Praise for Thaneeya McArdle: "The information...about color and patterning theory and techniques is presented in a particularly concise and clear way."--HELLO HAPPY

Professional artist Thaneeya McArdle is the creator of 30 bestselling coloring books from Fox Chapel Publishing. Based in Florida, she works in painting, drawing, and mixed media, with a special focus on vibrantly detailed whimsical art. Thaneeya (pronounced "tuh-nee-yuh") operates Art-Is-Fun.com, an art instruction website that has received over 32 million pageviews and counting. You can view every coloring page from Thaneeya's coloring books on her website, Thaneeya.com, where you can see slideshows of every book.

This coloring book includes 32 fun and different designs that speak to the unusual spirit in each of us. Some of the designs have messages such as "Stay Weird" (something that I, as an ex-Austinite of many years, can appreciate.) From dream catchers to unicorns to magic lanterns, this is a cute and fun new coloring book by Thaneeya McArdle. In addition to the designs, the artist has included lessons in drawing, patterning, color techniques and media (including shading) as well as basic color theory at the front of the book, along with some great color examples (some of which I will show in my attached photos.) The lessons are generic to the color book line but the samples are specific to the designs in this book. The pages are white and are perforated for easy removal. The designs are printed on one side only with lovely quotes on the back. The quotes have to do with being in touch with your own spirit, soul, and desires. Below the quotes are lines which the colorist can use to journal their own thoughts and feelings. All of my markers and gel pens wick through these pages. If I use either of them, I will put a piece of thicker paper or freezer paper under the page I am working on to keep the following page from getting ink on it.

I LOVE this book! First, I enjoyed the tips and techniques presented in a clear and concise matter, and also some sampled colored pages, showing the colors used (and later on, you find out the mediums used for each picture). Suspected the rest of the book would be shortened, but not at all!

32 designs to color on super quality nicer paper, and the pages are perforated; a plus for sure! I would say the images have average details. Very suitable for markers. Single sided pages of course; however, DO put a page or two behind the page you are coloring with markers, as there will definitely still be some bleed with alcohol markers.

I love all of Design Originals coloring books. Beautiful images that are challenging enough to keep me interested, but easy enough I can complete them even with a toddler running crazy!

Free Spirit Coloring Book (Coloring Is Fun) These books by Thaneeya Mcardle are so much fun. I have four of her books and plan to eventually get more. The artwork is beautiful but not so intricate that a person with bad eyes wouldnt be able to color them. Some pages are more challenging than others but still not hard on the eyes. The pages are one sided and the paper quality is quite good. I've used only pencils and gel pens. With markers you may want to put a paper underneath to protect the next page.

This book is high quality, thick paper, with designs printed only on one side. The designs are beautiful and fun. I was looking for a coloring book that could hold up to acrylic paints. This book does the job. I put wax paper behind the page to protect from bleed through, but it wasn't necessary as none of the acrylic paints have bled through the paper. I plan to order other books from this artist.

Excellent stress reliever! I will absolutely purchase from this seller in the future!

I bought the book because there was a gypsy wagon in it. My husband builds tiny houses and gypsy wagons. I love the whimsy of this book and look forward to coloring in it.

Bought this (and a set of colored pencils) as a surprise gift --and first coloring book--for an adult friend to whom the idea would NEVER have occurred. This a perfect first adult coloring book. Mostly simple images and wonderful positive messages. She was completely surprised, and surprised by how much she enjoyed and continues to enjoy, coloring in it.

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